

English for Psychology - Syllabus

Thematic course (C1+)

Basic information

1. Organisation unit

Jagiellońskie Centrum Językowe

2. Education level

Full-time second-cycle programme

3. Course profile

English for specific purposes, general English

4. Course type

Thematic course

5. Language of instruction

English

6. Education period

Academic year 2023/2024

7. Course coordinator

Katarzyna Opiela

8. Course teacher

Katarzyna Opiela

9. Examination

Pre-examination with grade (zaliczenie) after each semester.

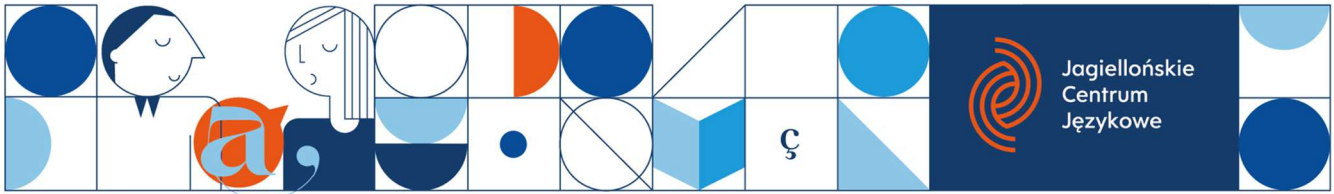
Written and spoken examination after 60 hours (two semesters)

10. Number of contact hours

60 hours, 30 hours per semester

11. ECTS points

4



Course objectives

1. To refine the ability to understand and analyse spoken and written academic texts
2. To refine expression and presentation skills (in speaking and writing)
3. To develop course-related vocabulary
4. To refine the ability to interact in speaking and writing
5. To refine linguistic mediation skills in spoken and written communication
6. To refine the ability to continue linguistic self-development
7. To develop extra-linguistic competences that enable the student to participate in academic and professional environments

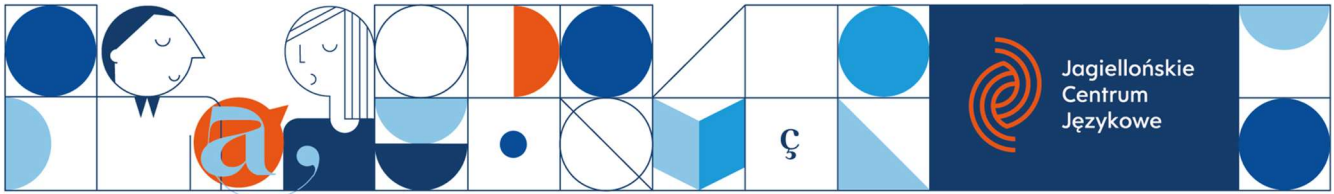
Learning outcomes

1. Knowledge

1. Student knows and understands academic and specialized vocabulary in the range that enables fluent use of the language in speech and writing
2. Student knows and understands different academic and specialized texts, in speech and writing
3. Student knows and understands the necessity of life-long learning and methods of linguistic self-development leading towards professional success
4. Student knows and understands the elements of academic language typical for his / her specialisation

2. Skills

1. Student can understand complex lectures and other utterances typical for academic and professional environments
2. Student can understand complex scientific and popular-science articles, as well as other written course-related texts
3. Student can present opinions on course-related topics, in spoken and written form, and support them with arguments
4. Student can summarise long and complex academic texts and lectures
5. Student can describe and interpret visual data in a graphic form
6. Student can write an academic or professional text
7. Student can present course-related topics in spoken utterances of various kinds, e.g. public speeches or formal and informal conversations, in language appropriate for the interlocutor
8. Student can engage in spoken and written interaction in typical professional contexts and in academic environments



9. Student can use linguistic mediation in spoken and written communication
10. Student can develop his / her linguistic competences
11. Student can prepare for the recruitment process

3. Social competences

1. Student is ready to successfully cooperate in a group, while accepting a variety of attitudes and opinions, and builds relations that promote respect for cultural diversity
2. Student is ready to participate in the academic, professional and social life, through sharing and popularising knowledge
3. Student is ready to continue his / her linguistic self-development
4. Student is ready to interpret and evaluate information and arguments, draw conclusions, identify positions, as well as present his / her own viewpoint in a coherent and comprehensible manner
5. Student is ready to participate in the recruitment process

ECTS credits

1. Contact hours (academic hour = 45 minutes)

30 hours per semester, 60 hours per course

2. Student's total individual workload

90 hours per course

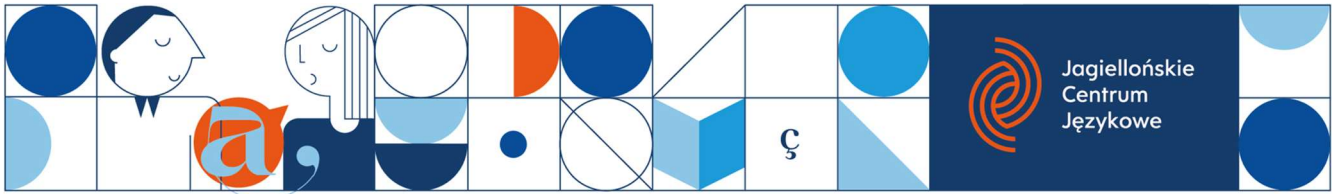
Course description

The course focuses on different topics from neurology to applied psychology. Students have a chance to take a glimpse into the mechanics of the human brain, find out what goes on in the mind of a psychopath, test their own personality, study different psychological disorders, learn how and why we fall in love, etc. As the course is based on a wide variety of authentic materials, it is both informative and enjoyable. It is for students of any field who share an interest in contemporary psychology.

Course Content

Topics and vocabulary related to the following topic areas:

1. "Female" autism
2. "Gender danger"
3. Trolling
4. The Brain on Porn



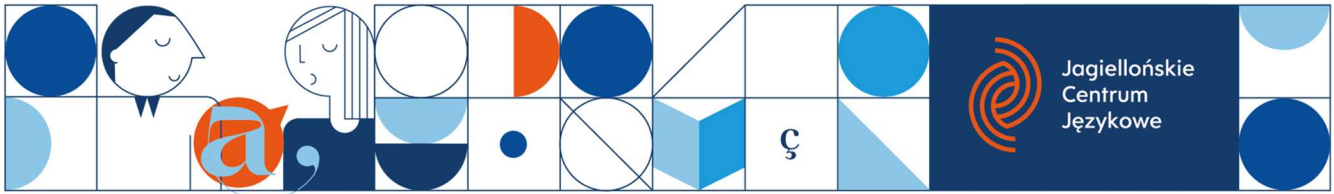
5. Mindfulness
6. Positive psychology
7. Dating apps
8. The chemistry of falling in love
9. Happiness
10. Marriage
11. ADHD
12. Unethical experiments in psychology
13. Personality testing
14. Personality disorders and mental illnesses
15. Debunking myths in psychology
16. Mental illness and how to live with it
17. The mysteries of the human brain
18. Male vs. female brains – are there tangible differences?
19. Anti-social Personality Disorder
20. Narcissism (or Narcissistic PD)
21. Defining and testing intelligence
22. Sleep
23. The paradox of choice
24. Sex
25. The brain on music
26. The history of mental institutions
27. Sound sensitivity
28. The brain on language
29. Intelligence in animals
30. Analysis of selected course-related lectures and presentations
31. Analysis of selected course-related academic papers and popular-science articles
32. Creating academic and professional texts, e.g. professional e-mail, abstract, description of visual data
33. Delivering an academic or professional, course-related presentation
34. Preparing for the recruitment process (for employment, internship or grant)
35. (Optionally) selected grammar issues related to the course content

Additional information

1. Teaching methods

The situational method, brainstorming, group discussion, case studies, solving problems, e-learning, language conversations.

2. Forms of obtaining ECTS



1st semester: writing task (detailed instructions will be provided in due course), written test in topics covered during the semester

2nd semester: delivering a 10 minute presentation (plus 10 minutes for discussion) in a mini-conference session related the course, written test in topics covered during the semester

Final written and spoken examination after 2 semesters (60 hours) of the course (detailed information on the form of the examination are specified in the description available at <https://jci.uj.edu.pl/egzaminy/egzamin-konczacy-lektorat>

3. Conditions of obtaining ECTS

Completing all tests as well as written and spoken assignments with a score of at least 60% of the maximum number of points per semester.

Regular attendance. Without the appropriate justification, the student may miss no more than two 90-minute classes per semester if the course covers 30 hours per semester.

Passing the final written examination with a score of at least 60% of the maximum number of points. Passing the spoken examination.

4. Entry requirements

It is assumed that the Participants entering this course already know the lexis and grammar issues at B2+/C1 level, according to the Common European Framework of Reference for Languages, as well as possess the appropriate skills to communicate successfully in speech and writing in everyday situations and the academic context at C1 level.

Resources

1. Obligatory literature:

Authentic materials in English, adapted for course purposes

2. Additional materials:

Magazines, e.g. theguardian.com ...

Press articles / websites, e.g. highered.meducation.com ...

Podcasts and programmes from e.g. CNN, BBC, YouTube ...

Umbridge, Ben. TED "Ten myths about psychology: debunked"

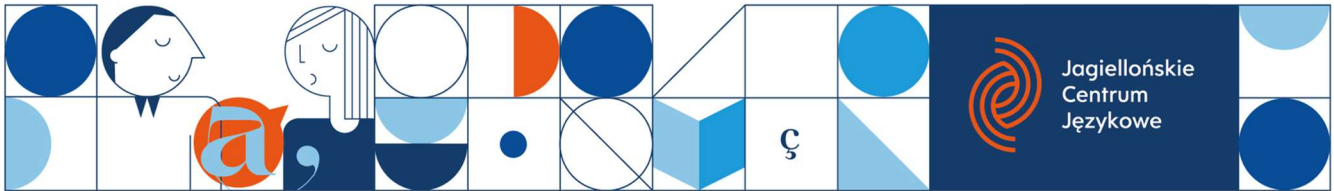
https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked#t-674933

Lissa Rankin MD. TEDx "Is there scientific proof that we can heal ourselves?" (video)

https://www.youtube.com/watch?v=LWQfe_fNbs&t=935s

<https://www.youtube.com/watch?v=lrXzcXLtihU>

60-Second Mind – "Inside the Mind of a Psychopath" (podcast)



<https://www.scientificamerican.com/podcast/60-second-mind/inside-the-mind-of-a-psychopath-13-05-14/>

Hare Psychopathy Checklist

<http://www.decision-making-confidence.com/hare-psychopathy-checklist.html>

Brogaard, Birgit D.M.Sci., PhD. "The Making of a Serial Killer" *The Superhuman Mind*, 2017; psychologytoday.com/blog/the-superhuman-mind/201212/the-making-serial-killer

Wax, Ruby. TED "What's so funny about mental illness?" (video)

https://www.youtube.com/watch?time_continue=283&v=mbbMLOZjUYI

Types of therapy; <http://www.nimh.nih.gov/health/topics/psychotherapies/index.shtml>

Farrell, Helen M. TED-ED "What is depression" (video).

<https://www.youtube.com/watch?v=z-IR48Mb3W0>

Freedenthal, Stacey. "A Suicide Therapist's Secret Past" *The New York Times*, 2017.

<http://www.iflscience.com/brain/24-year-old-woman-born-without-cerebellum-her-brain/>

Mastin, Luke. "Parts of the brain" *The Human Memory* (website), 2010.

http://www.human-memory.net/brain_parts.html

The Brain Anatomy Quiz

https://www.biologycorner.com/quiz/quiz_brain_anatomy.html

Wheeling, Kate. "The brains of men and women aren't really that different, study finds" 2015.

<http://www.sciencemag.org/news/2015/11/brains-men-and-women-aren-t-really-different-study-finds>

BBC's experiment in August 2017 (video) <https://www.youtube.com/watch?v=nWu44AqF0il>

Huff, Charlotte. "Where personality goes awry" *American Psychology Association*, 2004.

<http://www.apa.org/monitor/mar04/awry.aspx>

Myers-Briggs Type Indicator – a short version

<https://www.personalityclub.com/short-personality-test/>

Srivastava, Sanjay PhD. "Personality Is Not Set by 30; It Can Change Throughout Life, Say Researchers", *American Psychology Association*, 2003.

<http://www.apa.org/news/press/releases/2003/05/personality.aspx>

Little, Brian. TED "Who are you, really? Puzzle of personality" (video)

https://www.youtube.com/watch?v=qYvXk_bqIBk&t=332s

"10 Famous Psychological Experiments Could Never Happen Today"

<http://mentalfloss.com/article/52787/10-famous-psychological-experiments-could-never-happen-today>

"10 Bizarre Psychology Experiments"

<http://www.online-psychology-degrees.org/10-bizarre-psychology-experiments/>

Friend, Stephen. TED "The hunt for unexpected genetic heroes" (video)

<https://www.youtube.com/watch?v=Yagdvqn2YMU>